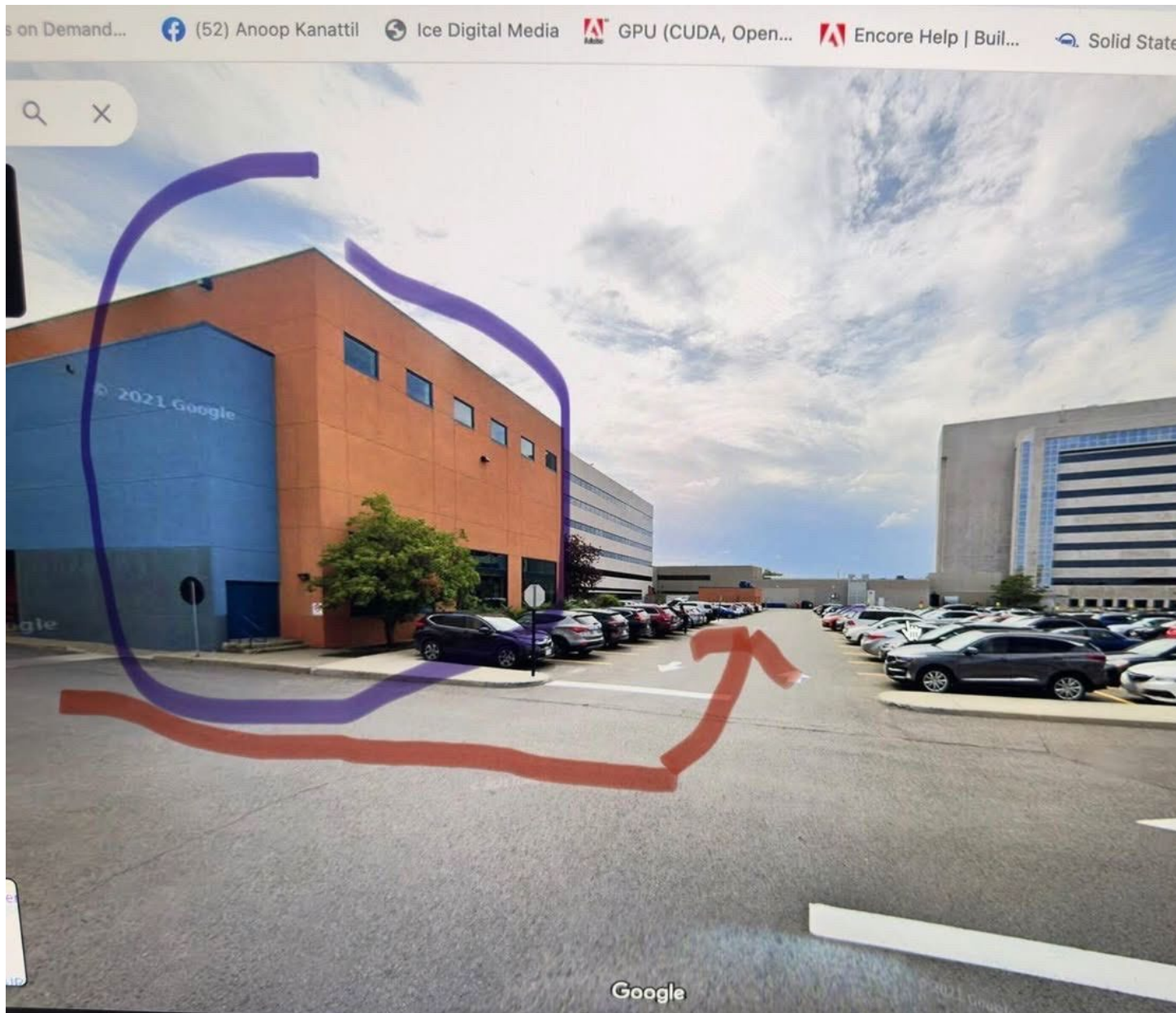


Coaching for adults

- **Location:** The skyline building at 1285 baseline Road, Ottawa
- **Date & Time:** Every Saturday 8-11 am
- **Cost:** 2 sessions of 90 minutes each (8-9:30 and 9:30-11), 50 dollars for one 90 minute session, if you choose to do both sessions (the full 3 hours), it's 80 dollars
- **Contact Anand Satheesh:** anandnepean@gmail.com 613 276 8346



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